

MILK REQUIREMENTS IN CACFP

Children who cannot have fluid milk due to medical or other special dietary needs, other than a disability may be served non-dairy beverages in place of fluid milk. Non-dairy beverages must be nutritional equivalent to milk and meet the nutritional standards for fortification of calcium, protein, vitamin A, vitamin D, and other nutrients to levels found in cow's milk.

MILK SUBSTITUTE NUTRITION STANDARDS		
Nutrient	Per Cup (8oz)	% Daily Value
Calcium	276 mg	28%
Protein	8g	16%
Vitamin A	500 IU	10%
Vitamin D	100 IU	25%
Magnesium	24 mg	6%
Phosphorus	222 mg	22%
Potassium	349 mg	10%
Riboflavin	0.44 mg	26%
Vitamin B-12	1.1 mcg	18%

As of February 16, 2017 these milk substitutes are creditable.

1. 8th Continent Soymilk; Original and Vanilla
2. Pacific Natural Ultra Soy; Plain and Vanilla
3. Kikkoman Pearl Smart Chocolate
4. Walmart Great Value original Soy milk (red carton)
5. Silk Original Soy Milk
6. Kirkland Signature Organic Soymilk Plain (purple carton)

As of October 1, 2017, flavored non-dairy beverage may only be served to children 6 years old and older.



Children who cannot have fluid milk because of medically diagnosed disability must have a medical statement signed by a licensed Physician, Physician Assistant, Osteopathic Physician, Advance Practice Registered Nurse, Naturopathic Physician stating the disability, the consequences of drinking milk and the allowable substitute.