



Child Management Associates

Providers' Playground

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CMA

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CPR and First Aid

Certification

Please make sure you are watching your expiration dates. Your claims will be on hold if your certification is expired.

Classes are held every other Tuesday from 6-9pm. Call the office to sign up.

Remember, ALL classes must be hands on and must include infants.

Craft Time: O' Fish-ally in School

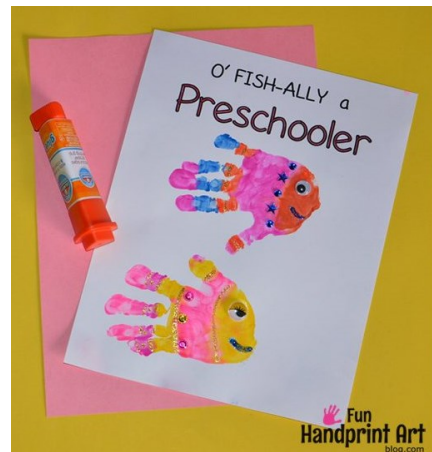
Supplies

- Finger paint in assorted colors
- Black marker
- Construction paper/cardstock
- Gems/glitter/google eyes etc

Directions

- Paint hands with paint and make handprints onto the paper facing to the side
- Let paint dry
- Add eyes/glitter/gems to decorate fish as you would like.
- Write O' fish-ally a _____ grader (filli n the blank with child's grade)

<http://funhandprintartblog.com/free-1st-day-of-school-handprint-printables.html>



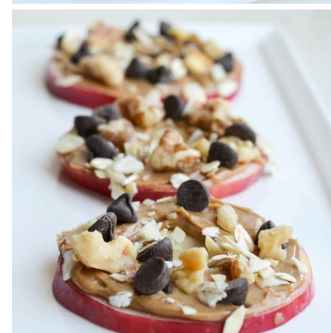
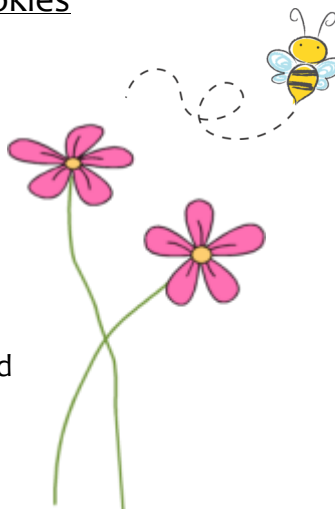
Snack Time: Apple Cookies

Ingredients

- 1 apple
- 1/4 C peanut butter
- 1/4 C almonds, sliced
- 1/4 C walnuts, chopped
- 1/4 C coconut, shredded
- 1/4 C chocolate chips

Directions

- Slice apple into thin rings and remove the core.
- Spread peanut butter on apples.
- Top with almonds, walnuts, coconut, and chocolate chips.



<http://rachelschultz.com/2014/04/09/apple-cookies/>



Business Corner: New Meal Pattern

INFANT MEAL PATTERN

The New Meal Pattern changes were designed to ensure that all children have access to healthy and balanced meals. The changes to the New Infant Meal Pattern are specifically intended to support breastfeeding, provide developmentally appropriate meals and to make infant meals and snacks more nutritious.



Updated Infant Meal Pattern changes—effective October 1, 2017

Encourage and support breastfeeding

- Providers may receive reimbursement when a breastfeeding mother feeds her child at the childcare home.
- Expressed breastmilk is an acceptable fluid milk substitute at any age.

Developmentally appropriate meals

- Two age groups instead of three: 0-5 month olds and 6-11 month olds.
- Only breastmilk/infant formula served to infants 0-5 months.
- Solid foods are introduced gradually around 6 months of age as a child is developmentally ready.

**This just in:
Graham Crackers
and Animal Crackers
are now ok to serve.**

More nutritious meals

- A vegetable or fruit (or both) is required at snack for 6-11 months (as developmentally ready).
- Juice, cheese food or cheese spreads are NOT creditable for infants.
- Ready-to-eat cereals (ex: Cheerios, Kix) are allowed at snack (breakfast cereals must contain no more than 6 grams of sugar per dry ounce or no more than 2 1/2 grams sugar per 100 grams of dry ounce cereal).
- Yogurt and whole eggs are creditable meat alternates (yogurt must contain no more than 23 grams of sugar/6 oz.).



Claim Due Dates

July Claim	August Claim	September Claim
Fri, August 4th	Thur, September 7th	Thur, October 5th